



MARIA
55
Female
British
AAL2C-3

Maria is 55 years old and lives in the UK. She is the daughter of Shirley (78 years old), who has back problems and is the widow of James. Maria is married to a traveling musician and mother of 2 grown up children who already moved out. She has a part-time job in media consulting and therefore is tech savvy. She got a job opportunity to work full time which means she would have less time to help her mother. At the moment, she provides help for her mother's bills, shopping, and doctor's appointments. She also pays for house hold assistance at her mothers home.

Maria is the only child of Shirley and lives 15 km away from her mother. Her job opportunity for a full-time job is not too far, so she would not need to move.

Her mother has a very small social network. She has no living family members from her generation, she moved to her actual house togueter with James 10 years ago and never built a new network.

Maria likes:

- Her job
- Gardening with Shirley
- Her mother's pie
- Cooking with Shirley

Health

Maria is in perfect health but her mother is declining. Shirley has no signs of cognitive problems. But is taking medicines for various health problems. There are side effects produced by this medication like confusion and dizziness that make her anxious and scare to leave the house alone.

Maria fears:

- Shirley's physical strenght decreasing.
- Losing job security.
- Services to be paid (professional care and assistance services for her mother).

Use of ICT



Readiness to act as informal caregiver



Capacity to act as case coordinator



Mobility



Social network of her mom:

